



Tips and tricks on the topic of...

Praise and appreciation

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All people, adults or children, need appreciation. Through praise and appreciation children feel perceived and confirmed in their actions. This strengthens and motivates the child.

What you can do:

- Observe your child, pay attention to his or her good behaviour and praise him or her!
- Your praise should always be specific, positive and honest; e.g. «You have tidied up everything properly, well done!»
- Do not exaggerate in your praise.
- Do not praise your child only for results, but also when he or she tries hard and makes efforts.
- Praise and appreciation can be expressed in words or by a smile, a glance, a touch or a gesture.

Incidentally:

Children who are often praised are much more cooperative; that means that they are more willing to respond to others.

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